

real life

# I made a video

Jayne Coe's DVD makes breast cancer a bit less scary, writes JAMES GRAHAM

**A** confused and scared Jayne Coe didn't know the first thing about breast cancer when she was diagnosed in 2004.

There was just too much to absorb and seemingly no-one to guide the Queensland primary school teacher through the overwhelming treatment process.

So when her oncologist suggested that Jayne – treasurer of her local Zonta club, an international women's advocacy group – use funds raised to make an educational DVD for newly

diagnosed breast cancer patients, she jumped at the chance.

Teaming with Flickchicks' director Mandy Lake – who often accompanied her mother to the same Redcliffe Hospital for treatments – Jayne is now the inspiration for the documentary *Side By Side*. Jayne describes the 43-minute film, which she also narrates, as a virtual road map to the breast cancer journey.

"We hope it will show you're very much not alone, that there are plenty of people who will be by your side," says Jayne, 55, who had a second mastectomy in 2008.

"I know a film like this would've made a huge difference to me."

It's been a bumpy ride since for Jayne, who only recently got

a clean bill of health after the cancer returned, in her hip.

But with the support of family and friends and the Dragons Abreast dragon boat club she started as a recovery tool – many of its members feature in *Side By Side* – Jayne is determined to win the fight.

"There is no use wallowing and falling in a heap – you've got to keep going."

To order copies of *Side By Side*, visit [zontaredcliffe.org.au](http://zontaredcliffe.org.au).



**WATCH THE TRAILER FOR JAYNE'S DVD...**

Download the free **viewa** app then select the Woman's Day channel and hold your smartphone or tablet over this page. See Contents page for more **viewa** videos.

With fellow Zonta members, who helped raise funds for Jayne's video.



 **BREAST CANCER AWARENESS MONTH**

Inspiring Aussie Survivors